



# International Conference on Manual Therapies

You are invited to shape the future of manual therapy research and evidence-based practice

Manual procedures are done by many professions and by numerous practitioners. However, there is no place where researchers and practitioners can collaborate in an open-minded, multi-professional environment to discuss these methods.

**The ICMT approach:** We recognize and value the different cultures, disciplines, and manual therapy backgrounds that provide various perspectives. At this conference, manual therapy topics will be explored, and all scientific viewpoints will be considered and respected.

The **ICMT 2021 Purpose** is to offer scientific presentations and engage researchers and practitioners in three topic areas.

- Defining **Manual Therapy Procedures** across professions
- Summarize **Physiological Theories** put forth by professions explaining the proposed impact of manual therapies on the body
- Reporting and explaining current and future biomedical approaches that have been or may be helpful in **Measuring Physiological Effects** of manual therapies.

Attendees will have the opportunity to participate in small group sessions that will shape the outcomes of these topics. The input from those attending this conference will be included in a series of white papers which will be published on these topics following the conference.

## 2021 Schedule

Thursday, April 29, 2021	
1600 - 1800	Check-in and poster presenter set up
1800 - 2000	Welcome reception
Friday, April 30, 2021	
700 - 745	Continental breakfast provided
800 - 830	<b>ICMT overview and welcome</b>
830 - 900	<b>Keynote Speaker TBA</b>
900 - 1000	<b>Manual Therapy Procedures: Scientific Presentations</b>
1000 - 1030	Break
1030 - 1230	<b>Manual Therapy Procedures: Breakout Session</b>
1230 - 1330	Lunch provided
1330 - 1400	<b>Manual Therapy Procedures: Discussion</b>
1405 - 1530	<b>Physiological Theories: Scientific Presentations</b>
1530 - 1600	Break
1600 - 1800	<b>Physiological Theories: Breakout Session</b>
1805 - 1830	<b>Physiological Theories: Discussion</b>
Saturday, May 1, 2020	
700 - 745	Continental breakfast provided
800 - 1000	<b>Measuring Physiological Effects: Scientific Presentations</b>
1000 - 1030	Break
1030 - 1230	<b>Measuring Physiological Effects: Breakout Session</b>
1230 - 1330	Lunch provided
1330 - 1400	<b>Measuring Physiological Effects: Discussion</b>
1600 - 1630	Break
1630 - 1900	<b>Poster Presentations and Reception</b>
Sunday, May 2, 2021	
700 - 745	Continental breakfast provided
800 - 920	<b>Summary Reports: Manual Therapy Procedures, Physiological Theories, Measuring Physiological Effects</b>
920 - 1000	<b>Keynote Speaker TBA</b>
1000 - 1030	Break
1030 - 1150	<b>Panel discussion and audience participation</b>
1150 - 1200	<b>ICMT 2021 accomplishments and next steps</b>
1200 - 1210	Announcement of dates and location of the next ICMT

## 2021 Breakout Topic Areas



### Manual Therapy Procedures

**Question:** What is the full scope of manual therapies?

**Purpose:** To identify, describe and understand manual assessment and treatment techniques used by practitioners from various professions.

**Outcome:** We will create a model of the general categories of manual assessment and treatment procedures to improve communication and understanding across professions.

### Physiological Theories

**Question:** What are the physiological theories behind manual therapies?

**Purpose:** To review the theories within the manual therapy research literature.

**Outcome:** We will develop a compendium of the physiological theories as a resource in designing and reporting future research.

### Measuring Physiological Effects

**Question:** What are the known physiological effects of manual procedures on body tissues?

**Purpose:** To review the tools used or could be used by researchers to measure the physiological effects of manual therapies.

**Outcome:** We will develop a compendium of tools available to researchers to assess manual therapy physiological effects to help shape future manual therapy research.

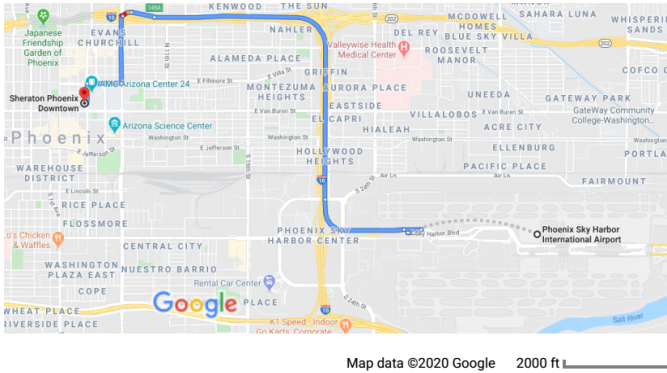
**Due to the nature of this conference, seats are limited. Early registration is recommended.**



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## Directions to the conference hotel.



<https://goo.gl/maps/vD6TF7cXnerX4z86A>

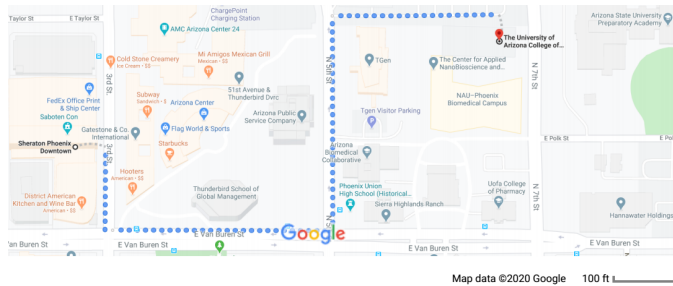
The Sheraton Phoenix Downtown does not provide airport shuttle services.

Phoenix Skyharbor Airport Rental Car Center offers vehicle rental from a variety of different agencies. For more information or to make a reservation, visit: <https://bit.ly/3bBa2kh>

For airport transportation options: <https://bit.ly/2wPUwCl>

For general Phoenix transportation options: <https://bit.ly/2ylqiYr>

## Directions to the venue.



<https://goo.gl/maps/wsEwoEzX8W3Vmz727>

0.5 miles / 9 minutes

Head south on 3rd St. toward E Van Buren St (299 ft)

Turn left onto E Van Buren St (0.1 mi)

Turn left onto N 5th St (0.1 mi)

Turn right onto E Taylor St, destination will be on the right (0.1 mi)

The University of Arizona College of Medicine - Phoenix (475 N 5th St, Phoenix, AZ 85004)

HOSTED BY



LOCATION

Phoenix – Arizona @ University of Arizona College of Medicine



April 30 – May 2, 2021