

# International Consortium on Manual Therapies Conference 2022



May 6, 7 & 8, 2022

[ICMTConference.org](https://ICMTConference.org)

#### LOCATION

Phoenix – Arizona @ University of Arizona College of Medicine



College of Medicine  
Phoenix

Hosted by

**ATSU**

A.T. STILL  
RESEARCH INSTITUTE

## The ICMT approach

**We recognize** and value the different cultures, disciplines, and manual therapy backgrounds that provide various perspectives and skillsets when providing healthcare services.

**We know** manual procedures are done by many professions and by numerous practitioners. However, there is no place where practitioners and researchers can collaborate in an open-minded, supportive, progressive and respectful multi-professional environment to discuss ways to advance the practice and science of manual therapies.

**The founding members** of the **International Consortium on Manual Therapies** are establishing such an environment.

## The ICMT vision

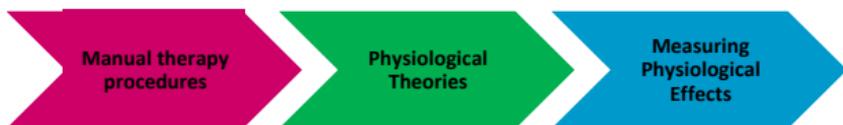
**We assert** that advancement of the broad field of manual therapy and the quality of patient care it provides will be hastened through accurate understanding and communication about practice, educational principles and research designs and outcomes between the various manual therapy professions/disciplines.

**This process** will not result in everyone looking the same or doing the same thing. The Consortium will help us understand our similarities and differences and facilitate the development of our individual styles of care.

## The ICMT Conference 2022

The **ICMT** inaugural conference focuses on key topics fundamental to building a productive culture for collaboration to advance the science and practice of manual therapies. Teams of ICMT members will have worked for two years on these topics when the conference begins and will be presenting the unprecedented product of their collaborative work.

## Conference 2022 Topic Areas



**ICMT Conference 2022** offers the latest scientific presentations while engaging practitioners and researchers across the manual therapy spectrum in three topic areas.

Topic 1: Defining **Manual Therapy Procedures** across professions to promote understanding and a lexicon for communication.

Topic 2: Summarizing and comparing **Physiological Theories** put forth by professions explaining the proposed impact of manual therapies on the body to current evidence.

Topic 3: Reporting and explaining current and future biomedical approaches that have been or may be helpful in **Measuring Physiological Effects** of manual therapies.

Attendees will have the opportunity to participate in small group sessions to contribute to the working groups' outcomes and prepare priorities for research and future ICMT conferences.



Due to the nature of this conference, seats are limited!  
Early registration is highly encouraged!

## Conference 2022 Program

Thursday, May 5, 2022	
1600 - 1800	Check-in and poster presenter set up
1800 - 2000	Welcome reception
Friday, May 6, 2022	
0700 - 0745	Continental breakfast provided
0800 - 0830	ICMT overview and welcome
0830 - 0915	<b>Keynote Speaker Lars Arendt-Nielsen, Dr. Med., Ph.D.</b> “Experience of sustained collaboration - why stepping outside of silos is important in science and patient care.”
0915 - 0945	Manual Therapy Procedures: The process of collaboration
0945 - 1015	Break
1015 - 1200	Manual Therapy Procedures: Profession-based outcomes breakout session
1200 - 1300	Lunch provided
1300 - 1400	Manual Therapy Procedures: The outcome of collaboration and discussion
1405 - 1530	Physiological Theories: From technique to the rationale for therapeutic response
1530 - 1600	Break
1600 - 1730	Physiological Theories: Assigned interprofessional breakout session
1745 - 1830	Physiological Theories: Consortium discussion



## Conference 2022 Program

Saturday, May 7, 2022	
0700 - 0745	Continental breakfast provided
0800 - 0900	Manual Therapy Procedures and Physiological Theories Discussion
0900 - 1000	Measuring Physiological Effects: The process and overview of outcomes from collaboration
1000 - 1030	Break
1030 - 1200	Measuring Physiological Effects: Assigned interprofessional breakout session
1200 - 1300	Lunch provided
1300 - 1400	Measuring Physiological Effects: Consortium discussion
1400 - 1415	Break
1415 - 1615	Peer-reviewed oral abstract session
1615 - 1630	Break
1630 - 1900	Poster presentations and reception
Sunday, May 8, 2022	
0700 - 0745	Continental breakfast provided
0800 - 0920	Summary Reports: Manual Therapy Procedures, Physiological Theories, Measuring Physiological Effects
0920 - 1000	<b>Keynote Speaker Helene Langevin, M.D.</b> “Lessons learned from and future directions for manual therapy research.”
1000 - 1030	Break
1030 - 1150	Panel Discussion with Audience Participation: What have we learned, and where do we go from here?
1150 - 1200	ICMT 2022 concluding remarks
1200	Announcement of dates and location of the next ICMT

**Keynote: Helene Langevin, M.D.**



Director, National Center for Complementary and Integrative Health (NCCIH)

As the principal investigator of several NIH-funded studies, Dr. Langevin's research interests center around the role of connective tissue in chronic musculoskeletal pain and the mechanisms of acupuncture, manual, and movement-based therapies. Her more recent work has focused on the effects of stretching on inflammation resolution mechanisms within connective tissue. She has authored more than 70 original scientific papers and is a fellow of the American College of Physicians.

As NCCIH director, Dr. Langevin oversees the federal government's lead agency for scientific research on the diverse medical and health care systems, practices, and products that are not generally considered part of conventional medicine.

**Keynote: Lars Arendt-Nielsen, Dr. Med., Ph.D.**

Founder & Director, Center for Sensory-Motor Interaction (SMI), Professor, Dept. of Health Science and Technology, School of Medicine, Aalborg University, Denmark  
Past President, International Association for the Study of Pain



Dr. Arendt-Nielsen has been engaging in pain research, pain education, and pain policy for more than 30 years and worked at various institutions around the world. He has published more than 910 peer-reviewed papers on translational, experimental, and clinical pain research, focusing on development and application of human, quantitative, mechanistic pain biomarkers in 1) human experimental pain studies, 2) clinical pain studies (specifically musculoskeletal and visceral pain conditions), and 3) studies profiling pain management procedures and new drugs under development.